Other Support Groups

Please contact our Webmaster at info@heartbeats4life.org **if:**

Any contacts listed below are incorrect
Any contacts should be removed from the list
You know of any other groups not listed here
You wish to start a group

In February 2006, we received this information on these support groups in Florida. We have not verified that they are Ornish, but if you check them out, let us know what you think. As always, HFL does not endorse these or any programs. They are presented here as a resource, for your information. -Long Boat Key (between Tampa and Sarasota) Jody Wisby (941)383-0641 -Broward General Medical Center - "Take Heart" program ($120)/month

1 hour stress management, 1 hour exercise, 1 hour support group and then out to dinner (954)355-5456 Roberta, Secretary
Peg Evans-Facilitator 4:00-7:30 every Wednesday 1600 S. Andrews Avenue, Ft. Lauderdale,Fl 33316

01262 Interested in starting Western Mass. group Allan Blau Stockbridge, MA blau@mindspring.com 02906 John Marcoux* 283 George Street Providence, RI

05355 Still meeting after five years. Flexible meetings: "as-needed-call-up-and-get-together-basis." This works due to low numbers; do not feel the need to meet regularly. Joanne & Robert Finkel P.O. Box 150 Wardsboro, VT 802/258-2589 sha@together.net

07901 Roberto Roberti* 70 Tulip St. Summit, NJ 07901 908/273-3573

08540 Princeton Dean Ornish Group, Princeton, NJ (updated 10-05) Every other week: 13 members Contact: Henry Powsner **powsner@patmedia.net**

[085xx Looking for group Princeton, NJ Mikel2624@aol.com]

10003 Charles Leighton The Heart Group (several grps NY & NJ) Suite 209 New York, NY 212/388-2555

105xx, 125xx, 126xx Dutchess. Putnam counties Poughkeepsie, NY Still meeting weekly after 5 years with 12 members and spouses. Contact: Eli Cohen e_b_cohen@yahoo.com

11364 Henry Zanger* Cynthia Zanger 64-33 211th St. Bayside, NY

11733 Arthur Bernstein Edith Bernstein 8 Brewster Hill Rd. Setauket, NY Meets monthly and six couples attend regularly. 516/751-6757

[142xx Looking for group Buffalo, NY fdinan@aol.com]

[142xx Looking for group Buffalo, NY http://bihr@email.msn.com]

14617 Edward Ehlers 305 Pinecrest Dr. Rochester, NY 716/336-9847 561/747-3707

20854 Morton Frome Beth Frome 8909 Copenhaver Dr. Potomac, MD Meeting since 1993, every Sunday evenings for meditations, poluck dinners and group support. 11 members and open to new participants 301/738-9900 frome@erols.com

220xx Looking for group, undecided about starting one Cheri Bohman Fairfax, VA cheri1@erols.com

30068 Kathy Higgins Alan Jeglinski 1534 East Bank Drive Marietta, GA kmhiggins@mindspring.com (group inactive)

30338 Fred Rueff* Marsha Rueff Opened "Treetops Macrobiotic Bed & Breakfast" Still the Ornish contact for the area. Like to think of themselves as healthy - and they are! 1130 Trailridge Lane Dunwoody, GA 707/396-9413 707395-7177 (fax)

373xx Possibly to start group Bude Van Dyke Monteagle, TN threestones@Blomand.net

44321 Philip Bronowitz* 4488 Westview Drive Copley OH

44460 George Morris, Jr.* Theresa Morris 2120 Pearce Cir. Salem, OH

45039 Ed Beck 8627 Pond Ridge Drive Maineville, OH 513/683-1824

48301 Debra Steinberg 6060 Franklin Rd. Bloomfield Hill, MI 248/626-5110

558xx Willing to help start group Duluth, MN graden@ttinet.com

56728 Would like to start new group Brenna Kerr, LRD Hallock, MN brenna@rural-access.com

60402 (looking for existing group or willing to start one) Arthur Hart Berwyn, IL cgciris@aol.com

60405 Bruno Cortis, M.D., F.A.C.C. 7605 1/2 W. North Avenue River Forest, IL No longer running a group. Now writing and speaking. Wrote a book: "The Spiritual Heart" 708/366-7200

60525 Leon Le Beau Diane LeBeau 5 Cascade Dr. Indian Head Park, IL 708/246-0163 708/246-0255 (fax)

60558 Jeanne Stanis Raymond Stanis 4038 Lawn Avenue Western Springs, IL There are six people in this group. 708/246-2430

705xx based at Lafayette General Medical Center Lafayette, LA zjn9812@usl.edu

730xx Will start group if others interested Laurie McCullough Norman, OK
laurie_mccullough@yahoo.com

[75941 Looking for group H. Spencer Knutson Diboll, TX hknutso@templeinland]

941xx, 949xx Osher Center for Integrative Medicine Meets Thursdays from 9 a.m.-Noon Daniel Stein San Franciso, CA dstein@pacbell.net

94703 Paul Panish Anna Belle Panish 1343 Carlotta Ave. Berkeley, CA 510/527-1437

89119 Chris Johnson Desert Springs Hospital 2075 East Flamingo Rd. Las Vegas, NV

90049 Meets monthly, 5-6 members Jerald Medway 315 South Westgate Ave. Los Angeles, CA 310/476-5885

[906xx, 926xx Looking for group Hugh Davis La Habra, CA hdavis99@hotmail.com]

91250 San Fernando Valley area (north of L.A.) Eric Kasum (661)297-6174

Los Angeles area Pat Serio (626)339-7227

917xx Looking for group, or will start one Penny Fox Claremont, CA
pennyfox@gte.net

94114 Two groups for the past ten years meet both weekly and every three weeks.
John Cardozo Phyllis Cardozo 31 Sharon Street San Francisco, CA 415/863-6313

97223 Bill Gazeley* Patty Gazeley 7034 SW 83rd Portland, OR 503/246-4535

97405 Meeting for the past nine years! Now has 18 members who meet for sharing and stretching. Bill and Camille Kievith 3277 Onyx P1. Eugene, OR 541/345-9970
541/344-9576 wkievith@aol.com

980xx,981xx,982xx Belleview meets weekly with 2 members. Seattle meets weekly with 10 members. Jerry E Hassenstab 15519 66th Avenue SE, Snohomish, WA 98296

jh4yoga@yahoo.com Phone:

98115 Seattle, WA, group meets on Wednesdays. Chris Prenovitz 2814 NE 80th Street Seattle, WA

98226 Bellingham, WA, meets on Wednesdays. Bill DeSelover 1203 Sudden Valley
Bellingham, WA

CANADA ADOPT (Adhere to Dean Ornish Program Today) Meeting since 1994 on Tuesdays for three hours. 8 members. Stop by the group when you're in Toronto! Evan Church 136 Collier St. Toronto, ON M4W 1M3 416/962-5863

evanchurch@sympatico.ca Web Site: http://evanchurch.tripod.ca/adopt.htm

CANADA Andre Lapierre, MD* Maisonneuve Rosemount Hosp. 5415 Boul. De l'Assumption Montreal, Quebec

[AUSTRALIA Looking for group Melbourne, Australia morry@bagsonly.com.au]

INDIA Starting a group New Dehli, India vivekkhosla@vsnl.com

INDIA Would like to start group R.K.PALHAN New Dehli, India
rkpalhan@nde.vsnl.net.in

INDIA Would like to start a group Dr.Ashvin Bhatt, M.D. KHAMBHAT 388620, India
surforum@usa.net

INDIA Looking for group, maybe to start one Makarand Khanolkar Mumbai, India
mkhanolkar@hotmail.com

14736 Erie, PA area now four years with up to eight participants. Tuesdays 7-8:30 p.m. Come join us if you're in the area! Tifanie Wells P.O. Box 234 230 Shadyside Road
Findley Lake, NY 716/769-6511 wellstt@aol.com

The contacts below are no longer running support groups Those who want to start a new group are indicated by **. 30068 Kathy Higgins Alan Jeglinski l534East Bank Drive Marietta, GA kmhiggins@mindspring.com

53147 Ronald Anderson 1309 West Main Street Lake Geneva, WI 414/249-0479

89117 Ted Harmon Corienne Harmon 8104 Kinsella Way Las Vegas, NV 702/364-9240

91001 Larry Mallet Yush-Mei Mallet 5305 Palm Drive La Canada, CA 818/790-3731
818/354-6021

CANADA Guy Coutanche 201-590 Beverly St. Thunder Bay, Ontario